STANDARD PROCEDURES ALGORITHM FOR COLORADO PHARMACIST PRESCRIBING OF SMOKING CESSION THERAPIES

Patient Interest in Smoking Cessation Therapy - Assess Readiness

Administer and Review: Medication Self Screening Questionnaire

Did the patient answer "YES" to any of Questions 1-10 on the Specific Medical History?

No

Offer Colorado Quitline medication resources (NRT + behavioral treatment) if qualified (resident of Colorado and 18+ years of age)

Yes

Patient to obtain medication therapy & behavioral therapy via Colorado QuitLine exclusively (based on patient preference and insurance benefits)

No

Blood Pressure Screen:
Only necessary if patient is interested in combination therapy of nicotine patch + bupropion

BP not necessary or <140/90 on 2 readings

BP >140/90 on 2 readings

Choose appropriate smoking cessation therapy (based on patient history, preference, and clinical judgement)

* Dosing per Protocol *

Discuss Treatment
1) Counseling - Medication dosing per protocol, guideline and package insert; discuss the management and expectations of side effects. Provide written information about medication prescribed/provided.
2) Counseling - Behavioral guidance and referral to Colorado QuitLine (fax). Emphasize importance of behavioral therapy.
3) Counseling - Relay monitoring and follow up plan (must include a check of blood pressure within 1-2 weeks if using nicotine + bupropion combination therapy). Provide a copy of plan to patient when applicable.

Documentation - Complete the Visit Summary
Provide and Notify: A copy of the summary to the patient, and also to the primary care provider if identified.