

<b>Medication</b>	<b>Active Ingredients</b>	<b>Drug Class</b>	<b>Used to Treat...</b>	<b>Use with Care in...</b>
Motrin <sup>®</sup> IB	Ibuprofen 200 mg	Analgesic Anti-inflammatory Antipyretic	Pain, fever, headache, cramps, inflammation	Alcohol consumers Hypertension Other NSAIDS Heart failure Liver/renal dysfunction Anticoagulants GI ulcers/bleeding Aspirin allergy
Tylenol <sup>®</sup> Extra Strength	Acetaminophen 500 mg	Analgesic Antipyretic	Pain, fever, headache, muscle ache	Alcohol consumers Liver/renal dysfunction
Tylenol <sup>®</sup> Flu Nighttime Maximum Strength	Acetaminophen 500 mg Pseudoephedrine 30 mg Diphenhydramine 25 mg	Analgesic Antipyretic Nasal decongestant Antihistamine	Fever, body ache, headache, sore throat, nasal congestion, sneezing, itching, rhinorrhea, sleeplessness	Alcohol consumers Liver/renal dysfunction Patients on MAOI's Hypertension Diabetes Heart disease BPH Narrow angle glaucoma Thyroid disease Causes sedation
Tylenol <sup>®</sup> Cold Non- Drowsy Multi- Symptom	Acetaminophen 325 mg Pseudoephedrine 30 mg Dextromethorphan 15 mg	Analgesic Antipyretic Antitussive Decongestant	Fever, aches/pains, nasal congestion, cough	Alcohol consumption Liver/renal dysfunction Patients on MAOI's Hypertension Narrow angle glaucoma Diabetes Emphysema Chronic bronchitis Pneumonia

				Cystic fibrosis
Vicks DayQuil® Liquicaps Multi-Symptom Cold/Flu Relief	Acetaminophen 250 mg Pseudoephedrine 30 mg Dextromethorphan 10 mg	Analgesic Antitussive Nasal decongestant Antitussive	Headache, minor aches and pains, fever, cough, sore throat pain, nasal congestion	Heart disease Patients on MAOI's Emphysema Diabetes Asthma Hypertension Emphysema Chronic bronchitis Pneumonia Cystic fibrosis
Vicks NyQuil® Liquicaps Multi-Symptom Cold/Flu Relief	Acetaminophen 250 mg Pseudoephedrine 30 mg Dextromethorphan 10 mg Doxylamine 6.25 mg	Analgesic Antipyretic Nasal decongestant Antihistamine	Headache, minor aches and pains, fever, cough, sore throat pain, nasal congestion, sleep aid	Heart disease Patients on MAOI's Emphysema Narrow angle glaucoma Diabetes Asthma Hypertension Emphysema Chronic bronchitis Pneumonia Cystic fibrosis Causes sedation
Motrin® Cold and Flu	Ibuprofen 200 mg Pseudoephedrine 30 mg	Analgesic Antipyretic Anti-inflammatory Nasal decongestant	Pain, fever, headache, nasal decongestion	Alcohol consumers Patients on MAOI's Hypertension Other NSAIDS Heart failure Liver/renal dysfunction Anticoagulants GI ulcers/bleeding

				Aspirin allergy Narrow angle glaucoma Diabetes
Sudafed <sup>®</sup> Cold and Cough	Acetaminophen 250 mg Pseudoephedrine 30 mg Dextromethorphan 10 mg Guaifenesin 100 mg	Analgesic Antipyretic Nasal decongestant Antitussive Mucolytic	Headache, minor aches and pains, fever, cough, sore throat pain, nasal congestion, accumulation of phlegm	Heart disease Patients on MAOI's Emphysema Diabetes Asthma Hypertension Emphysema Chronic bronchitis Pneumonia Cystic fibrosis
Vicks <sup>®</sup> 44E Cough and Chest Congestion	Dextromethorphan 20 mg Guaifenesin 200 mg	Antitussive Expectorant	Cough, chest congestion	Asthma Emphysema Excessive phlegm Chronic cough Chronic bronchitis
Afrin <sup>®</sup> Original Nasal Spray	Oxymetazoline 0.05%	Nasal decongestant	Nasal congestion	Be cautious with hypertensive patients
Sinex <sup>®</sup> Nasal Spray	Phenylephrine 0.5%	Nasal decongestant	Nasal congestion	Be cautious with hypertensive patients
Pediacare <sup>®</sup> Infant Drops	Pseudoephedrine 7.5 mg/0.8 ml	Nasal decongestant	Nasal congestion	Cardiovascular effects
Naphcon A <sup>®</sup> /Opcon A <sup>®</sup>	Naphazoline 0.025% Pheniramine 0.3%	Vasoconstrictor Antihistamine	Redness, edema, itchy and watery eyes	Narrow angle glaucoma Dry eyes
Isopto Tears <sup>®</sup> /Tears Naturale <sup>®</sup>	Hydroxypropylmethylcellulose	Lubricant	Dry eyes	-- none --
Benadryl <sup>®</sup>	Diphenhydramine 25 – 50 mg	Antihistamine	Allergy symptoms	Narrow angle glaucoma Causes sedation

				Pregnant women Anticholinergic effects
Claritin <sup>®</sup>	Loratidine 10 mg	Antihistamine	Allergy symptoms	Dry mouth
Claritin D <sup>®</sup>	Loratidine 10 mg Pseudoephedrine 240 mg	Antihistamine Nasal decongestant	Allergy symptoms, nasal congestion	Patients on MAOI's Hypertension Diabetes Narrow angle glaucoma Dry mouth
Ocean <sup>®</sup> Spray	NaCl 0.65%	Moisturizer	Dry nasal membrane	-- none --

**Robitussin Products:**

<b>Product</b>	<b>Analgesic/ Antipyretic</b>	<b>Decongestant</b>	<b>Antitussive</b>	<b>Expectorant</b>	<b>Antihistamine</b>
<b>Robitussin<sup>®</sup></b>				Guafenesin 100 mg/5ml	
<b>Robitussin<sup>®</sup> DM</b>			Dextromethorphan 10 mg/5ml	Guafenesin 100 mg/5ml	
<b>Robitussin<sup>®</sup> PE</b>		Pseudoephedrine 30 mg/5 ml		Guafenesin 100 mg/5 ml	
<b>Robitussin<sup>®</sup> CF</b>		Pseudoephedrine 30 mg/5 ml	Dextromethorphan 10 mg/5ml	Guafenesin 100 mg/5 ml	
<b>Robitussin<sup>®</sup> PM</b>		Pseudoephedrine 15 mg/5 ml	Dextromethorphan 7.5 mg/5ml		Chlorpheniramine 1 mg/5 ml

Adapted from Professional Skills Development II Spring 2004 (Dr. Robert Page, Pharm.D. and Dr. David Thompson, Ph.D.)